

**ALLISON K. FARRELL**

## Postdoctoral Research Fellow

Departments of Psychology & Center for Molecular Medicine and Genetics  
 Wayne State University  
 5057 Woodward Ave • Detroit, MI 48202  
 (386)747-6171 • akfarrell10@gmail.com

**EDUCATION**

- 2016      Doctor of Philosophy, University of Minnesota  
 Area of focus: Social Psychology      Advisors: Drs. Jeffry Simpson &  
 Doctoral minor: Interpersonal Relationships      Alexander Rothman
- 2010      Bachelor of Science, Haverford College  
 Major: Psychology      Advisor: Dr. Benjamin Le  
 Departmental honors

**PROFESSIONAL EXPERIENCE**

- 2016-      Postdoctoral Research Fellow, Wayne State University  
 Researchers of Biobehavioral Health in      Supervisors: Drs. Richard Slatcher &  
 Urban Settings Today (RoBUST) Program      Francesca Luca
- 2010-2016      Graduate Research Assistant, University of Minnesota  
 Department of Psychology & Institute of      PIs: Drs. Jeffry Simpson, Alexander  
 Child Development      Rothman, & Glenn Roisman
- 2007-2010      Research Assistant, Haverford College  
 Department of Psychology      PI: Dr. Benjamin Le

**RESEARCH GRANTS**

- 1 R03 HD095081-01A1      NIH NICHD  
 Principal investigator (submitted), “The impact of positive and negative parenting behaviors on  
 inflammatory gene expression and asthma severity in youth.”  
 \$100,000 total costs proposed.
- Heritage Dissertation Award      Foundation for Personality and Social Psychology  
 Principal investigator (2015), “Behavioral, cognitive, affective, and physiological consequences  
 of relationship power during conflict.”  
 \$1000 total costs.
- Graduate Thesis International Travel Grant      University of Minnesota  
 Principal investigator (2015), “Power and stress reactivity in romantic couples.”  
 \$5000 total costs.

---

**CITATION IMPACT**

---

Statistics from Google Scholar as of 9/26/18:

Total citation count: 164

h-index: 8

i10-index: 6

---

**JOURNAL ARTICLES**

---

- Farrell, A. K.**, Waters, T.E.A, Young, E. S., Englund, M. M., Carlson, E. A., Roisman, G. I., & Simpson, J. A. (in press). Early maternal sensitivity, adult attachment security, and cardiometabolic risk: A prospective longitudinal study. *Attachment and Human Development*, Special issue on attachment and health.
- Harvey, M., **Farrell, A. K.**, Zilioli, S., Imami, L., Tobin, E. T., Carré, J. M., & Slatcher, R. B. (in press). Maternal attachment orientations and diurnal cortisol patterns in youth with asthma. *Attachment and Human Development*, Special issue on attachment and health.
- Stanton, S. C. E., Selcuk, E., **Farrell, A. K.**, Slatcher, R. B., & Ong, A. (in press). Perceived partner responsiveness predicts all-cause mortality via daily negative affect reactivity: A 20-year longitudinal study. *Psychosomatic Medicine*.
- Huelsnitz, C. O., **Farrell, A. K.**, Simpson, J. A., Griskevicius, V., & Szepeswol, O. (in press). Attachment and jealousy: Understanding the dynamic experience of jealousy using the response escalation paradigm. *Personality and Social Psychology Bulletin*.
- Farrell, A.K.**, Imami, L., Stanton, S. C. E., & Slatcher, R.B. (2018). Affective processes as mediators of links between close relationship functioning and physical health. *Social and Personality Psychology Compass*, 12, e12408.
- Farrell, A. K.**, Slatcher, R. B., Imami, L., Tobin, E. T., Mair-Meijers, H., Wildman, D. E., Luca, F., & Zilioli, S. (2018). Socioeconomic status, family emotional climate, and anti-inflammatory gene expression among youth with asthma. *Psychoneuroendocrinology*, 91, 62-67.
- Farrell, A. K.**, & Simpson, J. A. (2017). Effects of relationship functioning on the biological experience of stress and physical health. *Current Opinion in Psychology*, 13, 49-53.
- Farrell, A.K.**, Simpson, J.A., Carlson, E. A., Englund, M. M., & Sung, S. (2017). The impact of stress at different life stages on physical health and the buffering effects of maternal sensitivity. *Health Psychology*, 36, 35-44.
- Farrell, A. K.**, Simpson, J. A., Overall, N.C., & Shallcross, S. L. (2016). Buffering the reactions of avoidantly attached partners in strain test situations. *Journal of Family Psychology*, 30, 580-591.
- Howland, M., **Farrell, A.K.**, Simpson, J. A., & Rothman, A. J., Burns, R., Fillo, J., & Wlaschin, J. (2016). Relational effects on physical activity: A dyadic approach to the theory of planned behavior. *Health Psychology*, 35, 733-741.
- Kim, J. S., Weisberg, Y. J., Simpson, J. A., **Farrell, A. K.**, Johnson, W. F., & Oriña, M. M. (2015). Ruining it for both of us: The disruptive role of low trust partners on conflict in relationships. *Social Cognition*, 33, 520-542.

**Farrell, A. K.**, Simpson, J. A., & Rothman, A. J. (2015). The Relationship Power Inventory: Development and validation. *Personal Relationships*, *22*, 387-413.

Coy, A. E., **Farrell, A. K.**, Gilson, K. P., Davis, J. L., & Le, B. (2013). Commitment to the environment and student support for “green” campus initiatives. *Journal of Environmental Studies and Sciences*, *3*, 49-55.

---

## BOOK CHAPTERS

---

Simpson, J. A., **Farrell, A.K.**, Huelsnitz, C.O., & Eller, J. (2018). Early social experiences and living well: A longitudinal view of adult physical health. In J. Forgas & R. Baumeister, *The Social Psychology of Living Well*. New York: Psychology Press.

Simpson, J.A., Overall, N.C., & **Farrell, A.K.**, & Girme, Y.U. (2016). Regulation processes in romantic relationships. In K.D. Vohs & R.F. Baumeister (Eds.), *Handbook of Self-Regulation, Third Edition: Research, Theory, & Applications*. New York: Guilford Press.

Simpson, J.A., **Farrell, A.K.**, & Marshall, E.M. (2016). A relational perspective of social influence on moral issues. In J. Forgas, P. van Lange, & L. Jussim (Eds.), *The Social Psychology of Morality*. New York: Psychology Press.

**Farrell, A. K.** & Simpson, J.A. (2016). Close relationships. In H. Miller (ed.), *Encyclopedia of Theory in Psychology*. New York City: Sage.

Rothman, A. J., **Farrell, A.K.**, & Auster-Gussman, L. (2015). Further reflections on the pursuit of psychological security in daily life. In P. Carroll, R. Arkin, & A. Wichman (Eds.), *Handbook of Personal Security*. London: Taylor & Francis.

Collins, W. A., Simpson, J. A., **Farrell, A. K.**, & Raby, K. L. (2015). Attachment and relationships across time: An organizational-developmental perspective. In V. Zayas & C. Hazan (Eds.), *Bases of Adult Attachment: From Brain to Mind to Behavior*. New York: Springer.

Simpson, J. A., **Farrell, A. K.**, Oriña, M. M., & Rothman, A. J. (2015). Power and social influence in relationships. In J. A. Simpson & J. F. Dovidio (Eds.), *The Handbook of Personality and Social Psychology: Interpersonal Relations and Group Processes*. Washington, DC: American Psychological Association.

Le, B. & **Farrell, A. K.** (2009). Need fulfillment in relationships. In H. T. Reis & S. Sprecher (eds.), *Encyclopedia of Human Relationships*. Thousand Oaks, CA: Sage.

---

## MANUSCRIPTS UNDER REVIEW AND INVITED SUBMISSIONS

---

Imami, L., Stanton, S. C. E., Zilioli, S., Tobin, E. T., **Farrell, A. K.**, Luca, F., & Slatcher, R. B. (revise and resubmit). Self-disclosure and perceived responsiveness among youth with asthma: Links to affect and gene expression. *Personality and Social Psychology Bulletin*.

Young, E. S., **Farrell, A. K.**, Carlson, E. A., Englund, M. M., Miller, G. E., Gunnar, M. R., Roisman, G. I., & Simpson, J. A. (revise and resubmit). The dual impact of early and concurrent life stress on adult diurnal cortisol patterns: A prospective study. *Psychological Science*.

**Farrell, A. K., & Stanton, S. C. E.** (invited submission). Towards a mechanistic understanding of links between close relationships and health. *Current Directions in Psychological Science*.

Simpson, J.A., **Farrell, A.K.**, & Rothman, A.J. (invited submission). The dyadic power-social influence model. In C.R. Agnew & J.J. Harman (eds.), *Power in Close Relationships*. Cambridge: Cambridge University Press.

**Farrell, A. K., Stanton, S. C. E., & Simpson, J. A.** (invited submission). Introduction to the special issue: Mechanisms linking relationships and health. *Personal Relationships*.

## EDITORIAL EXPERIENCE

Guest co-editor, 2020 Special Issue of *Personal Relationships*: “Psychological and Biological Mechanisms Linking Relationships to Health”

Ad Hoc Reviewer for:

*Attachment and Human Development*

*Annals of Behavioral Medicine*

*Emotion*

*Journal of Behavioral Medicine*

*Journal of Family Psychology*

*Journal of Social and Personal Relationships*

*Journal of Personality and Social Psychology*

*Personal Relationships*

## INVITED TALKS

**Farrell, A.K.** (May 2017). *Coming full circle: Relationships and health across the lifespan*. Presented at the Relationships and Motivation Lab meeting, Northwestern University, Evanston.

**Farrell, A. K.** (March 2016). *And I know things now: Reflections on a graduate school career*. Presented in the Proseminar in Social Psychology, University of Minnesota, Minneapolis.

**Farrell, A. K., Sung, S., Simpson, J.A., Englund, M.M., & Carlson, E.A.** (July 2014). *Stress under the skin: Timing and moderating effects on life stress and physical health*. Presented at the Relationships and Stress Mini-Conference, Melbourne.

**Farrell, A. K.** (July 2014). *The relationship mind and body*. Guest lecture for PSYC469: Honors Seminar in Close Relationships, University of Canterbury, Christchurch.

## CONFERENCE PRESENTATIONS

\**Chaired or co-chaired symposia*

\***Farrell, A. K., Imami, L., Carré, J. M., & Slatcher, R. B.** (July 2018). *Receiving maternal warmth predicts diurnal cortisol slopes via effective emotion regulation*. Presented at the International Association for Relationships Research conference, Fort Collins, CO.

- Farrell, A. K.**, Harvey, M. W., Zilioli, S., Imami, L., Tobin, E. T., Carré, J. M., & Slatcher, R. B. (April 2018). *Effects of caregiver attachment orientations on adolescent diurnal cortisol patterns*. Presented at the Society for Research on Adolescence Biennial Meeting, Minneapolis, MN.
- Harvey, M. W., **Farrell, A. K.**, Imami, L., Zilioli, S., Luca, F., & Slatcher, R. B. (2018, March). *The effect of parental responsiveness and family conflict on inflammatory markers in a sample of youth with asthma*. Presented at the meeting of the American Psychosomatic Society, Louisville, KY.
- Farrell, A. K.**, Zilioli, S., Imami, L., Tobin, E. T., Mair-Meijers, H., Wildman, D. E., Luca, F., & Slatcher, R. B. (March 2018). *Socioeconomic status, family emotional climate, and anti-inflammatory gene expression among youth with asthma*. Presented at the Society for Personality and Social Psychology Conference, Atlanta, GA.
- Stanton, S. C. E., Selcuk, E., **Farrell, A. K.**, Slatcher, R. B., & Ong, A. D. (March 2017). *Partner responsiveness predicts all-cause mortality via daily negative affect reactivity: A 20-year longitudinal study*. Presented at the annual meeting of the International Convention of Psychological Science (ICPS), Vienna, Austria.
- Stanton, S. C. E., Selcuk, E., **Farrell, A. K.**, Slatcher, R. B., & Ong, A. D. (March 2017). *Partner responsiveness predicts all-cause mortality via daily negative affect reactivity: A 20-year longitudinal study*. Presented at the annual meeting of the American Psychosomatic Society (APS), Sevilla, Spain.
- Imami, L., Stanton, C. E., Zilioli, S., Tobin, E. T., **Farrell, A. K.**, Luca, F., & Slatcher, R. B. (2017, March). *Self-disclosure and perceived responsiveness in youth with asthma: Links to gene expression and psychological well-being*. Presented at the 75<sup>th</sup> Annual Scientific Meeting of the American Psychosomatic Society, Sevilla, Spain.
- \***Farrell, A. K.**, Simpson, J. A., Roisman, G. I., Young, E. S., Englund, M. M., Carlson, E. A., & Waters, T.E.A. (2017, January). *From the cradle to the grave: Parenting, attachment, and adult cardiometabolic risk*. Presented at the Society for Personality and Social Psychology Conference, San Antonio, TX.
- Farrell, A. K.**, Simpson, J. A., Roisman, G. I., Young, E. S., Englund, M. M., Carlson, E. A., & Waters, T.E.A. (2016, October). *From the cradle to the grave: Parenting, attachment, and adult cardiometabolic risk*. Presented at the annual Researchers of Biobehavioral Health in Urban Settings Today (RoBUST) symposium, Detroit, MI.
- Stanton, S. C. E., Selcuk, E., **Farrell, A. K.**, Slatcher, R. B., & Ong, A. D. (2016, October). *Partner responsiveness predicts all-cause mortality via daily negative affect reactivity: A 20-year longitudinal study*. Talk presented at the annual Researchers of Biobehavioral Health in Urban Settings Today (RoBUST) symposium, Detroit, MI.
- \***Farrell, A. K.**, Simpson, J. A., Young, E. S., & Roisman, G. I. (2016, July). *From the cradle to the grave: Parenting, attachment, and adult physical health*. Presented at the International Association for Relationships Research Conference, Toronto, ON.
- Huelsnitz, C. O., **Farrell, A. K.**, Simpson, J. A., & Griskevicius, V. (2016, July). *Attachment and Jealousy: The Same Green-Eyed Monster Provokes Different Emotional and Behavioral Responses in Anxious and Avoidant Individuals*. Presented at the International Association for Relationship Research Conference. Toronto, ON.

- \***Farrell, A. K.**, Simpson, J. A., Carlson, E.A, Englund, M.M., & Sung, S. (2016, January). *Who, what, and when: Timing and protective effects on stress and health*. Presented at the Society for Personality and Social Psychology Conference, San Diego, CA.
- Farrell, A. K.**, Sung, S., Simpson, J. A., Englund, M.M., & Carlson, E.A (2015, February). *Stress under the skin: Timing and moderating effects on life stress and physical health*. Presented at the Data Blitz at the Society for Personality and Social Psychology Conference, Long Beach, CA.
- Overall, N. C., Simpson, J. A., **Farrell, A. K.**, & Girme, Y. U. (2015, February). *Dyadic emotion regulation: How intimate partners enhance emotion regulation during threatening interactions*. Presented at the Society for Personality and Social Psychology Conference, Long Beach, CA.
- Simpson, J. A., **Farrell, A.K.**, & Overall, N.C. (2014, July). *Buffering attachment insecurity: Down-regulating avoidant defenses during threatening interactions*. Presented at the International Association for Relationships Research Conference, Melbourne, VIC.
- Farrell, A. K.**, & Simpson, J. A. (July 2014). *Why predicts how: Power sources determine influence strategy use in romantic couples*. Presented at the International Association for Relationships Research Conference, Melbourne, VIC.
- Simpson, J. A., Overall, N. C., & **Farrell, A. K.** (May 2014). *Buffering attachment insecurity: Down-regulating avoidant defenses during threatening interactions*. Presented at the annual meeting of the Association for Psychological Science, San Francisco, CA.
- Farrell, A.K.**, Simpson, J.A., & Overall, N.C. (2014, April). *Buffering avoidantly attached relationship partners in strain test situations*. Presented at the COGS Interdisciplinary Symposium on the Effects of Stress on Personal and Economic Health, Minneapolis, MN.
- Farrell, A. K.**, Simpson, J. A., & Overall, N. C. (2012, July). *Relationship quality and influence tactic effectiveness in close relationships*. Presented at the International Association for Relationships Research Conference, Chicago, IL.

---

## CONFERENCE POSTERS

---

- Bierstetel, S.J., Briskin, J.L., **Farrell, A.K.**, Harvey, M.W., Lin, W.F., Gable, S.L., Slatcher, R.B. (2018). *The role of language style matching in romantic relationship perceptions*. Presented at the meeting of the Society for Personality and Social Psychology, Atlanta, GA.
- Harvey, M. W., **Farrell, A. K.**, Imami, L., Carre, J. M., & Slatcher, R. B. (2018, March). *Maternal attachment avoidance predicts youth diurnal cortisol slopes*. Presented at the meeting of the Society for Personality and Social Psychology, Atlanta, GA.
- Farrell, A. K.**, Harvey, M., Zilioli, S., Imami, L., Tobin, E. T., Carré, J. M., & Slatcher, R. B. (2017, October). *Effects of parental attachment orientations on child diurnal cortisol profiles*. Presented at the American Psychosomatic Society Mid-Year Meeting, Berkeley, CA.
- Farrell, A. K.**, Simpson, J. A., Roisman, G. I., Young, E. S., Englund, M. M., Carlson, E. A., & Waters, T.E.A. (2017, March). *Maternal sensitivity, adult attachment security, and adult*

- cardiometabolic risk: A prospective longitudinal study*. Presented at the American Psychosomatic Society Conference, Seville, Spain.
- Huelsnitz, C. O., **Farrell, A. K.**, Simpson, J. A., & Griskevicius, V. (2015, February). *The Green-eyed monster: Responses to mate-poaching attempts as a function of attachment orientation*. Presented at the Evolutionary Psychology Preconference at the Society for Personality and Social Psychology Conference, Long Beach, CA.
- Johnson, W.F., **Farrell, A.K.**, & Simpson, J.A. (2015, February). *The effects of trust on low relationship quality romantic partners: Capitalization and strain test situations*. Presented at the Society for Personality and Social Psychology Conference, Long Beach, CA.
- Farrell, A.K.**, Simpson, J. A., & Griskevicius, V. (2014, February). *Hey Jealousy: Responses to partner stealing attempts as a function of attachment orientation*. Presented at the Society for Personality and Social Psychology Conference, Austin, TX.
- Farrell, A. K.**, & Simpson, J. A. (2013, January). *The impact of adolescent romantic relationships on attachment working models*. Presented at the Society for Personality and Social Psychology Conference, New Orleans, LA.
- Farrell, A. K.**, Simpson, J. A., & Overall, N. C. (2012, January). *Relationship quality and influence tactic effectiveness in romantic relationships*. Presented at the Society for Personality and Social Psychology Conference, San Diego, CA.
- Fillo, J., Simpson, J. A., Myers, J., & **Farrell, A. K.** (2012, January). *Changes in attachment across the transition to parenthood: The role of perceived support and caregiving*. Presented at the Society for Personality and Social Psychology Conference, San Diego, CA.
- Coy, A. E., **Farrell, A. K.**, Gilson, K., Davis, J. L., & Le, B. (2012, January). *Commitment to the Environment and Campus Pro-Environmental Behavior*. Presented at the annual meeting of the Society for Personality and Social Psychology Sustainability Psychology Pre-Conference (SPSPSP), San Diego, CA.
- Farrell, A. K.**, & Le, B. (2011, January). *Expanding the identity: Self-expansion and identity formation in romantic relationships*. Presented at the Society for Personality and Social Psychology Conference, San Antonio, TX.
- Le, B., **Farrell, A. K.**, & Lewandowski, G. W. (2011, January). *Self-expansion and infidelity in romantic relationships: The mediating role of satisfaction*. Presented at the Society for Personality and Social Psychology Conference, San Antonio, TX.
- Farrell, A. K.**, Gilson, K., & Le, B. (2009, September). *Going green: Commitment to the environment and willingness to sacrifice*. Presented at the HHMI Undergraduate Research Symposium, Haverford, PA.

---

## AWARDS AND HONORS

---

2017	Young Investigator Colloquium Scholar	American Psychosomatic Society	\$500
2016-2018	RoBUST Postdoctoral Research Fellowship	Wayne State University	\$48000

2015-2016	Doctoral Dissertation Fellowship	University of Minnesota	\$23600
2014	David Campbell Graduate Research Fellowship	University of Minnesota	\$2000
2014	Student Travel Award	International Association for Relationships Research	\$330
2012	Student Travel Award	Society for Personality and Social Psychology	\$500
2011	Honorable Mention	NSF Graduate Research Fellowship Program	
2010-2011	Graduate Research Fellowship	University of Minnesota	\$21000

---

### TEACHING AND MENTORING

---

Guest Lecturer	Biobases of Health Psychology (PSY 8600)	Wayne State University	Spring 2017
Guest Lecturer	Psychology of Interpersonal Relationships (PSYC 5204)	University of Minnesota	Fall 2014 and Fall 2015
Teaching Assistant	Psychology of Interpersonal Relationships (PSYC 5204)	University of Minnesota	Fall 2014
Section Leader	Introduction to Psychology	University of Minnesota	Fall 2011
Supervised Senior Projects in Psychology (PSYC 3902) at the University of Minnesota for Derek Harvieux (2011), Paul Blaske (2012), Laura Do (2013), Erin Fritz (2013), Meagan Fleming (2014), Brooklynn Ihlen (2015), Michael Freund (2015), Paige Kessler (2015), Carly Ludwig (2016), Kimberly Reek (2016), and Holly Beeson (2016)			
Supervised Senior Honors Project in Psychology (PSYC 4902V) at the University of Minnesota for Jaelyn Theissen (2014)			
Supervised 59 undergraduate research assistants for Supervised Research Experience (PSYC 5993) at the University of Minnesota, 2011-2016			

---

### COMMITTEES AND SERVICE

---

2018	Organizing committee member for the Presidential Sesquicentennial Symposium: <i>Genes, Urban Environments, and Health</i> Wayne State University
2018	Conference submission reviewer International Association for Relationships Research
2017	RoBUST symposium abstract reviewer Wayne State University



- 2012-2015 Psychology Graduate Student Liaison Committee co-chair  
University of Minnesota
- 2011-2015 Psychology Graduate Student Liaison Committee member  
University of Minnesota
- 2011-2015 Prospective graduate student host for Welcome Weekend  
University of Minnesota
- 2011-2014 Social Interaction Lab manager  
University of Minnesota
- 2011-2013 Graduate Student Committee Student Poster Award Reviewer  
Society for Personality and Social Psychology
- 2012 Social psychology area coordinator for prospective graduate student Welcome  
Weekend  
University of Minnesota
- 2008-2010 Peer academic advisor for Psychology  
Haverford College

---

## **PROFESSIONAL AFFILIATIONS**

---

American Psychosomatic Society (APS)  
Association for Psychological Science (APS)  
International Association for Relationship Research (IARR)  
Society for Personality and Social Psychology (SPSP)